

DESCRIPTION

Visovit[®] capsule is a combined preparation of Vitamin C (as Ascorbic Acid), Vitamin E Acetate, Zinc (as Zinc Oxide), Copper (as Cupric Oxide) and Lutein.

PHARMACOLOGY

Ascorbic acid is highly concentrated in the lens compared to blood. A long term Ascorbic acid supplement use (10+ years) has been associated with reduced risk of cataract. It has important role in harmful free radicals scavenging activity.

In study, it is found that high serum Vitamin E concentrations have been associated with reduced risk of cataract (exact mechanism of action is not still established). As an antioxidant vitamin, it also plays an important role in harmful free radicals scavenging activity.

Lutein is a carotenoid specially concentrated in macula. Clinical and animal data indicates that this carotenoid could protect the macula from oxidative or light damage. Although exact mechanism of action is not clear but one large study has found that high levels of dietary Lutein is associated with relatively lower risk of AMD (Age Related Macular Degeneration: a condition where fine visual activity is lost).

Zinc is an essential trace element involved in many enzyme system. Symptoms of less severe deficiency include distorted or absent perception of taste, smell and poor wound healing. Severe deficiency cause skin lesion, alopecia, diarrhea, increased susceptibility to infection and failure to thrive in children.

Copper plays important role in growth, skeletal integrity, and development of nervous system. As a part of various enzymes, it takes part in numerous metabolic conversions.

INDICATIONS

- Helps to protect eye health.
- Helps to replenish vital eye nutrients.
- Acts as an antioxidant and supports immune system.
- It is indicated for Age-Related Eye Disease.

DOSAGE AND ADMINISTRATION

One capsule daily or as directed by the registered physician.

CONTRAINDICATIONS

Hypersensitivity to any of the active ingredients of the formulation.

SIDE EFFECTS

Generally well tolerated. Fatigue and weakness have also been reported. Diarrhea and other gastrointestinal disturbances may occur.

PRECAUTION AND WARNING

Ascorbic acid should be given with care to patient's hyperoxaluria. In patients taking oral anticoagulants or estrogens, Vitamin E should be given carefully because it has been found to antagonize the effects of vitamin K leading to an increase in blood clotting time in these patient.

USE IN PREGNANCY AND LACTATION

It can be used in pregnancy & lactation with physician's supervision.

PHARMACEUTICAL PRECAUTION

Keep away from light and wet place. Do not store above 30 $^{\circ}\text{C}$ temperature. Keep out of reach of children.

PACKAGING

Visovit® Capsules: Box containing 5 strips of 6 capsules each. Each HPMC capsule contains Ascorbic Acid USP 60 mg, Vitamin E Acetate USP 30 I.U., Lutein Ph. grade 6 mg, Copper (as Cupric Oxide Ph. grade) 2 mg and Zinc (as Zinc Oxide BP)15 mg.

