

# Calofast<sup>®</sup>

Calcium Orotate Dihydrate INN Film Coated Tablet

## DESCRIPTION

**Calofast<sup>®</sup>** is a preparation of Calcium Orotate. Calcium Orotate is a chelated form of the mineral calcium with orotic acid, which plays an important role in active mineral transport. It is a low allergy formula suitable for vegetarians.

## INDICATIONS

This medication is used to prevent or treat low blood calcium levels in people who do not get enough calcium from their diets. It may be used to treat conditions caused by low calcium levels such as bone loss (osteoporosis), weak bones (osteomalacia/rickets), decreased activity of the parathyroid gland (hypoparathyroidism) and a certain muscle disease (latent tetany). It may also be used in certain patients to make sure they are getting enough calcium (e.g. pregnant, nursing or postmenopausal women, people taking certain medications such as phenytoin, phenobarbital or prednisolone).

Calcium Orotate also helps to maintain healthy nerve and muscle function and muscle contraction.

## DOSAGE & ADMINISTRATION

1 - 3 tablets daily with a meal or as directed by healthcare professional.

## CONTRAINDICATIONS

Calcium Orotate is contraindicated in conditions like incomplete or infrequent bowel movements, kidney stone, kidney disease, sarcoidosis, increased activity of the parathyroid gland, high amount of calcium in urine, high amount of calcium in the blood and extreme loss of body water.

## SIDE EFFECTS

Constipation and upset stomach may occur.

## PRECAUTION & WARNING

None known. If symptoms persist, consult with healthcare professional.

## USE IN PREGNANCY & LACTATION

When used orally and appropriately, calcium orotate is likely to be safe during pregnancy and lactation.

## PHARMACEUTICAL PRECAUTION

Do not store above 30 °C. Keep away from light and wet place. Keep out of reach of children.

## PACKAGING

**Calofast<sup>®</sup> Tablet:** Box containing 3 strips of 10 tablets each. Each film coated tablet contains Calcium Orotate Dihydrate INN equivalent to Calcium Orotate 400 mg.

**SK+F**

Manufactured by

**ESKAYEF PHARMACEUTICALS LTD.**

MIRPUR, DHAKA, BANGLADESH.

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